



Jeevan Rekha

Be a life saver!

How can you help a person who has a health emergency at home?

Call ambulance-DIAL 108

Provide accurate address and nearby landmark.

Things to be checked while waiting for ambulance :



Deenanath Mangeshkar
Hospital and Research
Center, Near Mhatre bridge,
Erandawane, Pune



Dr. Indumati Amodkar
Simulation Center,
Super-Speciality building,
14th floor – A wing
Contact No.
020-4915 4403



simcenter@dmhospital.org



www.dmhcrit.com

YES

Is the victim conscious?
(Talk to victim and Tap on shoulders)

NO

Check for complaints

Chest pain?

- ✓ Cardiac pain - Severe crushing pain / heaviness in the centre of chest ; Pain radiating towards left arm, jaw ; Profuse sweating

First response –

- Avoid any exertion/ walking
- Comfortable position
- Give Aspirin 325mg (Dispersible)

Breathlessness ?

- Give propped up position
- Remove tight clothing

Check Breathing
(Check Chest wall movement)

NO

YES

Keep in Recovery position



Start CPR

- ✓ Essential Life saving skill
- ✓ Hands-on training on a mannequin is available at Deenanath Mangeshkar Hospital.

Hands on training

COLS + AED – 2hrs

Registration fees – 800 /-

COLS + AED + FIRST AID – 4hrs

Registration fess – 1200 /-

COMPRESSIONS ONLY LIFE SUPPORT)

Protocol for pre-hospital management of cardiac arrest.

